INTUITIVE MASSAGE

Informed Consent

I understand the massage therapy provided by Intuitive Massage is intended to enhance relaxation, reduce pain caused by muscle tension, improve and increase circulation and provide a positive experience with touch. The massage therapy treatment may include Swedish massage techniques, myofascial techniques, Shiatsu techniques, Creative Mobility, Passive Range of Motion, Site Specific Applications, Chair Massage and Hydrotherapy. I am aware that my massage practitioner does not diagnose disease or illness, prescribe medications or perform skeletal manipulations.

I comprehend that I may terminate a massage session at any time if I feel uncomfortable with the course of treatment being administered The general benefits of massage therapy, possible contraindicating factors, and a treatment plan have been explained to me. I realize the health benefits of massage therapy are not guaranteed nor is massage therapy intended to be a substitute for supervised medical treatment by a medical doctor. I have informed Intuitive Massage of all my known medical conditions and I agree to inform Intuitive Massage of any changes in my health or prescriptions as they occur.

Notice of Privacy Practices

This notice of privacy practices is given on behalf of Intuitive Massage. This Notice of Privacy Practices is required by regulations (the "Privacy Rule") established under federal law (the Health Insurance Portability and Accountability Act, "HIPAA"). Intuitive Massage is committed to protecting your medical information and using such information and to describe your rights regarding the disclosure of your protected health information. Intuitive Massage is required by the Privacy Rule to maintain the privacy of your protected health information. The Privacy Rule requires that Intuitive Massage provides notice of its privacy practices to all of its clients.

Uses and Disclosure of your Protected Health Information

- Your protected health information is kept confidential and not disclosed to anyone without your written consent, authorization or as specifically allowed by law.
- Intuitive Massage may use your protected health information to provide you with safe and effective massage therapy treatments. In case of a medical emergency, administrative staff would have access to your medical records.
- Protected health information is secured at all times and under no circumstances may it be removed from Intuitive Massage.
- As Required by law, Intuitive Massage is permitted to disclose our protected health information when required to do so by federal, state, local law, regulatory or accreditation agencies.

  Examples of required disclosures:
  - Victims of Abuse, Neglect or Domestic Violence
    The Privacy Rule authorizes Intuitive Massage to notify the appropriate government authority if Intuitive Massage believes a client has been the victim of abuse, neglect or domestic violence. Intuitive Massage will only make this disclosure if you agree, or when authorized by law.
  - Law Enforcement and Judicial Proceedings
    The Privacy Rule allows Intuitive Massage to disclose confidential protected health information in response to a court or administrative order. Intuitive Massage may also disclose your protected health information in response to a subpoena, discovery request, or other lawful process by someone else involved in the dispute, but only if efforts have been made to tell you about the request or to obtain an order protecting the information requested.

Rights Regarding Your Protected Health Information

- You have the right to request that Intuitive Massage communicate with you about your protected health information in a certain way at a certain location, for example, at home, at work or by mail at a specific address.
- You have the right to inspect and copy a designated set of treatment records. Intuitive Massage may charge a reasonable fee for the costs of copying and mailing information associated with your request.
- If in your opinion your treatment records are incomplete or incorrect, you may request that Intuitive Massage amend your records. Your request for an amendment must give reasons for an amendment in writing. Intuitive Massage may deny amendments if they are deemed by Intuitive Massage to be accurate and complete.
- All requests for copies of you personal protected health information must be made in writing.
- If you believe your privacy rights have been violated, you may file a complaint with Intuitive Massage and/or with the Federal Department of Health and Human Services.

I acknowledge receipt and comprehension of the above and agree to the policies as stated above.

Client's Signature: _____ Date: _____